

Rules

- Proper swimmer attire must be worn at all times. No street clothes are permitted.
- Everyone must shower before entering the pool.
- Never enter the water unless a lifeguard is present on the pool deck.
- No food or beverages are permitted in the pool area; this includes baby bottles.
- Band-aids must be removed prior to entering the pool.
- No running or horseplay is permitted on the deck, in the hallway or locker room areas.
- No playing in the shower room area of locker rooms.
- Starting blocks are for instructional purposes only.
- No diving in the shallow end of the pool.
- Respect all swimmers.
- Lifeguards have the authority to ask weaker swimmers to remain in the shallow end of the pool.
- The lifeguard is in charge at all times.

For Lap Swimming

- Circle swimming required when 2 or more swimmers are in a lane.
- Member with similar abilities and speeds should swim in appropriate lanes. Swimming direction and lanes speeds are posted on the wall. Lifeguard(s) have the authority to move swimmers to appropriate lanes.
- Please allow faster swimmers to pass on the turn at the wall, not in the middle of the pool.
- PWW is for personal water workout only. There is to be no lap swimming in this lane.
- Swimmers must be at least 15 years of age to participate in lap swimming unless prior approval is given by the Aquatic Director.

For Family Swim

- Children under the age of 6 must have a flotation device on at all times, and must be accompanied by a swimming adult.
- Children needing a flotation device are not permitted to swim alone.
- Children who are under the age of 10 must be accompanied by an adult at all times. Parents who do not have memberships may accompany their child(ren), with memberships into the pool area but may not use the facility.
- Toys and equipment will be given out at the discretion of the lifeguard.
- Equipment must be used properly or will be removed by the lifeguard.
- Horseplay is not permitted, chicken fights, pushing, dunking, throwing etc. Only games that do not infringe on the enjoyment of others will be permitted.
- Children who are not potty trained must wear swim diapers or rubber pants.
- Please take into consideration all abilities when swimming in the deep end of the pool.