

7TH GRADE INITIATIVE

FREE MEMBERSHIP FOR 7TH GRADERS

DO MORE BE MORE

HOW TO JOIN

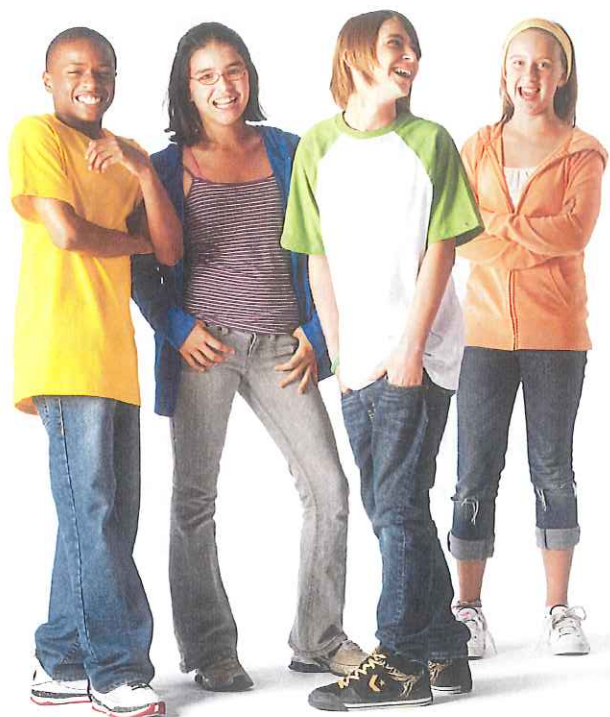
Bring a school ID or report card, proof of residency, and a parent or guardian to Bethlehem YMCA to complete paperwork and sign form to begin membership.

WHAT DOES MEMBERSHIP INCLUDE?

Use of Wellness Center at specific times, pool, two gymnasiums, and Y Teen Zone. Must enroll in Tween Wellness Program. Questions? Call Andrea Goff, 610-867-7588, ext. 122.

BETHLEHEM YMCA

430 E. Broad Street, Bethlehem, PA 18018 * 610-867-7588 * www.ymcabethlehem.org



TEEN PROGRAMS

A wide range of weekly sports and activities for teens are available after school in the Teen Center and throughout the Y.

EMPOWERING YOUTH TO REACH THEIR POTENTIAL

PURPOSE

Bethlehem YMCA is pleased to offer 7th grade students in the Bethlehem and Saucon Valley School Districts free membership to support and encourage youth to live healthy lifestyles and make responsible choices.

WHY 7TH GRADERS?

Research shows that seventh-grade is a critical time in a young person's life when exposure to risk factors greatly increases. Risk factors are conditions or influences that have been shown to increase the likelihood for unhealthy behaviors including substance abuse, delinquency, teen pregnancy, school drop-out and violence. It is also during the early teen years that youth begin to distance themselves from family and positive support systems.

The Y will make accessible the support and opportunities that empower these youth to reach their personal potential. It will also provide youth with the knowledge, skills, character and passion to be more active in the community as adults.

BETHLEHEM YMCA

Our mission is to be the greater Bethlehem area community leader in providing the services to enhance family life, healthy lifestyles, and to help our youth develop leadership qualities through values based on Christian principles.